Leader’s Club Meeting/Calendar Theory

A Leader’s Club Meeting should be composed of a variety of different activities. Sample Schedule:

7pm-7:10pm – Welcome and Announce any upcoming events.

7:10-7:50 – Business. This is the main thrust of the meeting. See below for topics that should be covered throughout the year.

7:50-8:15pm – Fitness

8:15-8:30pm – Closing Devotion and Prayer

A Leader’s Club Calendar should be split into a variety of different types of meetings. Typical things that could be covered throughout the year include:

* YMCA History
* Leadership Theory and Development
* Volunteer Trainings – intended to prep leaders to volunteer in different areas of the YMCA (ex. sports, childcare, afterschool, camp, aquatics, membership…etc.)
* Health, Fitness, and Nutrition
* Fun Meetings – intended to strengthen the social bonds of the club. (Ex. Trunk or Treat, Scavenger Hunts, Paint War, White Elephant Christmas parties, Overnights..etc.)
* Blue Ridge Leader’s School Curriculum – Intended to prep Leaders for the school and build on the knowledge they learn there (ex. science of fitness, biomechanics, basic games, feeling great, character development, patriotism…etc.)
* Small Group Meetings – depending on club size these can be useful to give everyone a voice so the club does not develop a “classroom” type feel where advisors/execs give lectures to leaders.
* Club Constitution Development and Review.
* Deep Meetings – intended to deepen the club’s knowledge of spiritual/character topics.
* Literally anything else that will help your teens grow as leaders.