

## 2021 YMCA BLUE RIDGE LEADERS' SCHOOL LEADER APPLICATION PREVIEW FORM

Note: Applications for BRLS 2021 will be submitted online. Please visit [ymcabrls.org/apply](http://ymcabrls.org/apply) for information. This document is for informational purposes only and previews the information that each leader will need to have handy when completing the online application form. Please consult your club's advisor for the date and time of your club's registration meeting.

Each leader will need the following information to submit a complete application:

- 1. Parent Release Form:** Hard copy completed and signed by parent or legal guardian.  
Download a copy under the "Forms" section of [ymcabrls.org/apply](http://ymcabrls.org/apply)
- 2. Headshot:** Digital copy to be uploaded (.png or .jpg) and must include Leader's face only
- 3. Leader's General Information:** Full Name, DOB Gender, Address, Email, Phone, Las 4 SS, YMCA Name, Year on the Mountain, T-Shirt Size, Emergency Contact Information
- 4. Leader's Medical Information:**
  - General Health (Fair/Good/Excellent)
  - Ongoing Medical Conditions including any professionally diagnosed mental health issues (please describe)
  - Allergies (describe and include reaction)
  - Epi pen needed and carried with Leader? (Y/N)
  - Medications (Y/N and list)
  - Dietary Restrictions (Y/N and list)
  - Any other physical or mental condition, disability, injury or illness that will impact involvement? (Y/N and list)
- 5: Class Selections:** For BRLS 2021 all required courses will be assigned and scheduled for you. If you have an elective option, you will submit your first 3 choices for that elective during registration. All leaders will get to select a primary Clinic choice and 2 alternate options.

Requirements are listed below by year and the descriptions of Class/Clinics can be found on [ymcabrls.org/apply](http://ymcabrls.org/apply).

### Course Requirements (by year of attendance)

1 <sup>st</sup> year	2 <sup>nd</sup> year	3 <sup>rd</sup> year	4 <sup>th</sup> year	5 <sup>th</sup> year	6 <sup>th</sup> year
Basic Leadership	Leadership (by age)	Leadership (by age)	Leadership (by age)	Leadership (by age)	Leadership 18
Science of Fitness I	Science of Fitness II	Biomechanics	Wellness Concepts I	Image 101	Sixth Year Summit
Aquatics	Kids in Motion	Officiating Youth Sports	Advanced Character Development	Advanced Character Development	Experiential Learning (1)
Feeling Great	Basic Games	HEPA	Program Elective	Health Elective	Experiential Learning (2)
Character Development	Sports Elective	Program or Sports Elective	Sports Elective	Sports Elective	Any Elective (Ex. Feeling Great or Char. Dev)
Clinic	Clinic	Clinic	Clinic	Clinic	Clinic