2022 YMCA BLUE RIDGE LEADERS' SCHOOL
LEADER APPLICATION PREVIEW FORM

Note: Applications for BRLS 2022 will be submitted online. Please visit ymcabrls.org/apply for information. This document is for informational purposes only and previews the information that each leader will need to have handy when completing the online application form. Please consult your club's advisor for the date and time of your club's registration meeting.

Each leader will need the following information to submit a complete application:

1. **Parent Release Form:** Hard copy completed and signed by parent or legal guardian. Download a copy under the "Forms" section of ymcabrls.org/apply

2. **Headshot:** Digital copy to be uploaded (.png or .jpg) and must include Leader's face only

3. **Leader's General Information:** Full Name, DOB, Biological Sex, Preferred Pronouns (will be printed on nametag), Address, Email, Phone, Last 4 SS, YMCA Name, Year on the Mountain, T-Shirt Size, Emergency Contact Information

4. **Leader's Medical Information:**
   - General Health (Fair/Good/Excellent)
   - Ongoing Medical Conditions including any professionally diagnosed mental health issues (please describe)
   - Allergies (describe and include reaction)
   - Epi pen needed and carried with Leader? (Y/N)
   - Medications (Y/N and list)
   - Dietary Restrictions (Y/N and list)
   - Any other physical or mental condition, disability, injury or illness that will impact involvement? (Y/N and list)

5: **Class Selections:** For BRLS 2022 all required courses will be assigned and scheduled for you. If you have an elective option, you will submit your first 3 choices for that elective during registration. All leaders will get to select a primary Clinic choice and 2 alternate options.

Requirements are listed below by year and the descriptions of Class/Clinics can be found on ymcabrls.org/apply.

Course Requirements (by year of attendance)

1st year	2nd year	3rd year	4th year	5th year	6th year
Basic Leadership	Leadership (by age)	Leadership (by age)	Leadership (by age)	Leadership (by age)	Leadership 18
Character Development	Kids in Motion	HEPA	Advanced Character Development	Character Education	Sixth Year Summit
Feeling Great	Basic Games	Biomechanics	Wellness Concepts I	Image 101	Experiential Learning (2 class periods)
Science of Fitness I	Science of Fitness II	Officiating Youth Sports	Sports Elective	Sports Elective	
Aquatics	Leaders' Club Development	Program or Sports Elective	Program Elective	Health Elective	Any Elective (Ex. Feeling Great or Char. Dev)
Evening Clinic	Evening Clinic	Evening Clinic	Evening Clinic	Evening Clinic	Evening Clinic